

## **How to upload AncestryDNA results to FamilyTreeDNA and My Heritage**

The first stage is to download your raw data file from Ancestry to your computer and the second stage is to upload this file to Family Tree DNA and/or My Heritage.

### **Downloading your autosomal raw data file from AncestryDNA**

1. Log in to Ancestry and click on your initials (or photograph) at the top right corner of the page.
2. Select 'Account Settings' and then, on the menu at the left, select 'DNA'.
3. You will see a section called 'Your DNA Tests' - click on your name (or the name of the person whose DNA you wish to download).
4. Scroll down to the 'Download or Delete' section at the bottom of the page - select 'Download DNA Data'.
5. Tick the box to confirm you wish to download your data and then 'continue'.
6. Verify your account by requesting a code by email or entering your password.
7. Await an email from AncestryDNA with the title 'Raw DNA Data Download Confirmation'. This may take a while to arrive.
8. In the email, click 'Confirm Data Download' and you will be redirected to the AncestryDNA download page.
9. Click 'Download DNA Data' to download your raw data file. Make sure you know where you are saving this document as you will need it later.

### **Uploading to Family Tree DNA**

Go to <https://www.familytreedna.com/autosomal-transfer>

and register the name of the tester, your email address and indicate if the DNA you are uploading is for a male or female. When you do this, you will be asked to attach the file that you have just downloaded from Ancestry.

Make sure you also sign the release form.

Write down your kit number and your password will be emailed to you. You will need both of these to log on to see your results.

You can upload the DNA of multiple people if you manage more than one DNA account but each one must be uploaded under the name of the tester and will be allocated a different kit number and password.

Once you have done this you should have results within a few hours.

## Uploading to My Heritage

1. Go to <https://www.myheritage.com/> and log in if you already have an account. If you cannot remember your password this can be reset.
2. Create an account on My Heritage if you do not already have one. Depending how you do this, it sometimes requires you to record the names of your parents and grandparents.
3. Once you have an account created click on 'family tree' then 'my family tree' - from the menu at the top of the page.
4. Once the tree is open you will see a profile bar open at the left hand side of the screen.
5. Select the person on the tree whose DNA you want to upload. If the person is not already on your tree add them to your tree (in the correct position) before proceeding.
6. On the profile bar of the person whose DNA you want to upload click 'upload DNA data'.
7. Scroll down the page and tick boxes to accept terms and conditions, consent agreement etc.
8. Press 'upload DNA data' button and attach the file you downloaded from Ancestry. Remain on the page until you see a message that the upload was successful.
9. You will receive an email from My Heritage in a few days' time to say your results are ready.

*If anything goes wrong you can contact one the administrators of the North of Ireland DNA Project for assistance on [dna@nifhs.org](mailto:dna@nifhs.org)*

## North of Ireland DNA Project

Once you have results on Family Tree DNA you are welcome to join the North of Ireland DNA Project if you have ancestors from Ulster. To join the project just log into your FTDNA account and, without logging out, navigate here: <https://www.nifhs.org/dna/>

Towards the bottom of the page you will see a link to join our project – just follow the instructions and we will approve you asap. Once approved you will be able to see who you match that also has Northern Irish ancestors and you will also be able to see our project message board.